



Scott #loveybus blog 2

The #loveybus champions are taking the bus for a whole year from Kilmarnock or Ayr to Glasgow and reporting back on their experiences. The champions will share what taking the bus means for their daily routine and the stories and anecdotes that they find on their journey. Scott has had an incredible journey over years commuting on the express bus and even met his wife on the bus!

Switching off and zoning out

1. What is your main motivation for choosing bus?

There is probably two main motivations.

Firstly convenience. Where I work and where I live means it makes a lot of sense. There is a stop right outside my house. To give an example, yesterday I saw the bus arrive as I was locking my front door and I still made it on time

Secondly the cost. If you weigh it up against the train it is a lot cheaper and a lot more reliable, you know if there are roadworks or interruptions it is great that the bus can just take an alternative route and still get us there.

But there is a lot of other smaller factors as well.

2. Research suggests that those who choose bus over car can enjoy more me-time, do you that is the case?

Absolutely, I don't think there is any part of me that wishes I was driving to work each day instead of taking the bus.

You have time to do other things, for example, I can leave work on time knowing that I have an email still to send but that I can do that on the bus on the way home. I allows me to get home and relax without really thinking about too much, and just ignoring the traffic.

The best way to describe it is that you can just switch off and zone out and not have anything to concentrate on. The hour or so journey to zone out means that when I am home I am fully switched off and can use my time at home better.

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3. How does it make you feel to contribute to reducing pollution/ congestion and greenhouse gas emissions contributing to climate change?

It is something that always makes you feel good, that you are doing your part for the environment. The work I do has a big emphasis on climate change and the environment so it is interesting for me.

You feel like you are doing your part and it would be good to see more people make the switch from car to bus. It would make such a difference in terms of taking traffic off the road and would improve the bus service itself.

4. Is there one thing that would improve your journey further?

The only gripe I could say is the temperature control on the bus can be a bit wayward. During the summer it's warm outside and freezing on the bus, then the opposite in the winter and you are not dressed for it as it is so different to the temperature outside.

5. Will you be choosing bus over the festive period?

Yeah, we have an office Christmas party and team lunch and with those kind of things you might be out late and using the night bus back is a lot cheaper than getting a taxi the whole way.

6. What would be your one recommendation to others to choose bus over car?

I think it would be that it gives you more free time, there are so many options of things to do on the bus that you may not have time for otherwise: read a paper; have a sleep; watch a video; or send an email. If you can do those things on the journey, then it frees up time when you get home that night.

7. Do you have any other bus stories you would like to share?

I do have one observation. Every night when I go home and I'll have a bit of fruit and I've noticed there is one driver who has noticed this, as he stops the bus by the bin at the end of the bus stop, and it just highlights the type of service you get as when there is a replacement driver they do not know that and stop at the front of the bus stop.

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